



AGING (i)fe CARE®
ASSOCIATION
— MIDWEST CHAPTER —



**AUGUST 27,
2026**

AGING LIFE CARE™ & COMMUNITY CONNECTIONS *Summit*



LOUISVILLE • CHICAGO • ST. LOUIS • CINCINNATI



VIRTUAL ATTENDANCE AVAILABLE

Aging Life Care™ & Community Connections Summit

Learn. Connect. Collaborate.

**Bringing Together the Professionals Who Help Older Adults and
Families Navigate Life's Most Important Decisions**

Healthcare • Legal • Financial • Fiduciary • Senior Living • Community Services

6 CEUs Available for Nursing, Social Work, CMC & CCM | In-Person or Virtual Attendance

Join us your way — at home, at our premier sponsor locations, or virtually!

Chicago



Central Baptist Village, 4747
N Canfield Ave, Norridge, IL
60706

Louisville



Treyton Oak Towers, 211
West Oak Street, Louisville,
KY 40203

St. Louis



The J I St. Louis Jewish
Community Center, 16801 Baxter
Rd, Chesterfield, MO 63005

Cincinnati



The Seasons,
7300 Dearwester Dr,
Cincinnati, OH 45236

Virtual



Zoom Link to be provided

8:00 - 8:30 AM Central | 9:00 - 9:30 AM Eastern — Breakfast & Registration

8:30 - 9:30 AM Central | 9:30 - 10:30 AM Eastern

THE LIFE-CHANGING POWER OF RELEASING REGRET

Keynote on Personal Growth and Resilience

Explore how releasing regret can transform your life and empower you to move forward with purpose. This keynote addresses the emotional weight of past decisions and offers practical strategies for resilience and personal growth.

Featured Speaker: LeeAnn Marie Webster, JD

KEYNOTE



9:30 - 9:45 AM Central | 10:30 - 10:45 AM Eastern — Stretch Break

Live from Chicago

REGISTER NOW!

Early Bird Special Ends July 17th, 2026

https://www.aginglifecare.org/Shared_Content/Events/Event_display.aspx?EventKey=MWCON2026&WebsiteKey=52320976-b875-4a55-9154-57aeb74e278e



9:45 - 10:45 AM Central | 10:45 AM - 11:45 AM Eastern

ALZHEIMER'S DISEASE: DIAGNOSIS AND TREATMENT UPDATE

Live from St. Louis

Emerging Biomarkers, Treatment Advances, and Practical Implications

Alzheimer's disease diagnosis and treatment are evolving rapidly, creating new opportunities for earlier detection, more personalized care, and improved outcomes. This session explores current diagnostic approaches, emerging biomarkers, treatment advances, and practical implications for professionals working with older adults and families.

Featured Speaker: David Carr, MD



11:00 AM - 12:00 PM Central | 12:00 - 1:00 PM Eastern

SPECIAL NEEDS PLANNING FOR AGING ADULTS

Live from Louisville

Sustainable Planning for Caregivers and Adults with Disabilities

Many special needs plans fail—not because families didn't plan, but because key professionals weren't working together. Learn how attorneys, fiduciaries, financial professionals, and Aging Life Care Professionals® can create coordinated, sustainable plans that support families long-term and prevent crises before they occur.

Featured Speakers: Larisa Gilbert, JD and Ginger Jones, RN, CMC, CNLCP, CDP



Larisa Gilbert, JD



Ginger Jones, RN,
CMC, CNLCP, CDP

12:00 - 12:45 PM Central | 1:00 - 1:45 PM Eastern — LUNCH

12:45-1:45 PM Central/ 1:45-2:45 PM Eastern

ACTIVATE BRAIN BODY: BUILDING A MORE RESILIENT BRAIN

Live from Cincinnati

Science of Brain Health and Aging

This talk outlines how Activate Brain & Body Fitness uses real-world research to design and refine a brain-first fitness program for adults 50+. Learn how evidence-based exercise and cognitive training can help older adults stay sharper, steadier, and more independent as they age.

Featured Speaker: Mike Gelfgot



2:00-3:00 PM Central/ 3:00-4:00 Eastern

AMBIGUOUS LOSS IN AGING

Live from Louisville

Coping with Grief and Decline

Understand the concept of ambiguous loss as it relates to aging, dementia, and chronic illness. This session provides frameworks for supporting clients and families navigating grief when a loved one is physically present but cognitively absent.

Featured Speaker: April Rodriguez, LCSW, APHSW



3:15 - 4:15 PM Central | 4:15 - 5:15 PM Eastern

CREATING A SAFE SPACE: INCLUSIVE CARE FOR LGBTQ+ OLDER ADULTS

Live from Chicago

Inclusive, Person-Centered Care

Learn how to create affirming and inclusive environments for LGBTQ+ older adults. This session addresses unique challenges faced by this population and offers practical approaches to person-centered care that respects identity and dignity.

Featured Speaker: Libby Reinecke, LCSW, CADC, CCTP



4:15 - 4:30 Central/ 5:15-5:30 Eastern Closing Remarks

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